



Better Me Tribe.com
A BETTER WORLD BEGINS WITHIN EACH OF US!



EARTH YEAR CHALLENGE



Saving our earth takes simple acts of care done every day to rewind the damage we have done. Try for BINGO or even better do as many as you can!

Complete the Green Row and Tag us

@BetterMeTribe on Instagram or Facebook

and we will send you a **free thank you gift** from our store!



Turn off and unplug devices that are not in use

Prepare a plant-based meal

Have a recycling bin at home

Use a reusable bag when shopping

Turn food leftovers to compost

Carry a reusable water bottle

Buy produce from local farmers

Buy from a local small business

Use a reusable coffee tumbler

Pick up trash when you see it

Watch [this](#) video and sign the [petition](#) to save indigenous tribes

Donate to [LionheartMissions](#) supply clean water to a tribe who has no access to it anymore

FREE

Donate to [Survival International](#) to help save indigenous tribes who already save the planet every day

[Recycle](#) and [save as much water](#) as possible.

Walk or bike instead of taking a car

Take steps towards paperless living

Carry reusable utensils and straws

Use locally made shampoo or soap bars

Upcycle, donate or reuse old or secondhand clothing

Plant a tree or support a tree-planting project

Grow own vegetables or produce

Use reusable or paper packaging

Post about Earth Day or a specific campaign

Repurpose something into a craft or useful item

Join the challenge, share and tag us to win some free goodies!

@BetterMeTribe

Links:

Video and Petition: <https://www.survivalinternational.org/campaigns/biggreenlie>

Lionheart, our giveback of choice: <http://www.lionheartmissionadventures.com>

Clean Water Donations: [paypal.me/lionheartmissions](https://www.paypal.me/lionheartmissions)

Survival International: <https://www.survivalinternational.org>

Ways to save and recycle water: [Americanrivers.org/rivers/discover-your-river/top-10-ways-for-you-to-save-water-at-home](https://www.americanrivers.org/rivers/discover-your-river/top-10-ways-for-you-to-save-water-at-home)

